



COVID-19 STATEMENT

Returning to Education and Staying Safe

January 2022

Update to Information

Government guidelines state that educational establishments can remain open for vulnerable learners and so our centre remains open for all learners on Study Programme at this time.

Study Programme learners have all been contacted with their NEW timetable commencing January 2022.

CTS will continue to review Public Health Guidance and are committed to working with the local authority to communicate important changes in guidance to all our CTS community.

CTS are committed to supporting and educating learners on the virus and how to keep safe.

JUST A REMINDER ...

What are the symptoms?

The main symptoms are one/or more of the following:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

CTS are following government guidelines and would expect all learners to follow the guidelines of being in centre, these include:

- Social distancing measures in communal areas and toilets;
- Perspex screens in classrooms;
- Hand sanitisation stations in communal areas and all classrooms;
- Regular cleaning processes;
- Face masks are mandatory in all communal areas, these can be collected from Reception;
- Lateral flow tests will be encouraged twice a week for every learner, these can be collected from Reception;
- All learners will be required to undertake a lateral flow test on return to centre on 4th January 2022;
- Use of translated Public Health messages where needed.

CTS will require learners to always follow official advice too:

- Wash your hands with soap and water often – do this for at least 20 seconds;
- Always wash your hands when you get home or into college;
- Use hand sanitiser gel if soap and water are not available;
- Cover your mouth and nose with a tissue or your sleeve when you cough or sneeze;
- Put used tissues in the bin straight away and wash your hands afterwards;

- Try to avoid close contact with people who are unwell;
- Do not touch your eyes, nose or mouth if your hands are not clean;
- Follow advice on face masks/coverings.

What do I do if I or my household develops symptoms?

CTS have created a handy guide to advise learners what to do. All reception staff are trained to provide advice via the telephone and you can find the guide displayed in our classrooms.

How do I book arrange a COVID test?

If you or a household member has symptoms you can book a test online at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

If you are unable to do this, it is important that you call CTS on 0114 263 6570, so that we can advise you further. You MUST get tested if you or a household member have symptoms.

Use of the Test and Trace app

To support NHS Test and Trace we encourage staff and learners to download the app. More information can be found at:

<https://www.covid19.nhs.uk/>

Further support

Our Support and Safeguarding Team are here to support you in returning to CTS and keeping safe and well.

If you want to discuss any safeguarding concerns call the Safeguarding Team on 0114 263 6570.

Useful Websites

General Health

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Mental Health and Wellbeing

<https://www.sheffieldmentalhealth.co.uk/support/door-43/>

<https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health>

<https://www.samaritans.org/>

<https://www.mind.org.uk/>



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